On-the-Go Medical Alert User Guide

Read thoroughly: contains important information

To Change From Lanyard to Belt Clip

1. Turn the pendant so the call button faces you. With your thumb, push the lanyard attachment away from you until the lanyard clicks off.

2. Place the horizontal piece of the clip on top of the pendant so that the notches on the pendant and the clip line up.

3. Press the clip into the pendant until it slides securely into place.
Set Up & Charging

**Important: Fully charge before first use.**

1. Plug in the charging cradle. The red light at the back of the cradle will light up.

2. Place your pendant into the cradle as shown. You will hear audible confirmation that charging has begun, and the light around the call button will flash red and blue.

3. Let your pendant charge for 2-3 hours.

4. When your pendant is fully charged, the cradle’s red battery light will be solid. (The blue pendant light will continue to flash while on charging cradle).

The rechargeable battery can last up to 7 days per charge.

Please note: If you’re having trouble charging your device, wipe the connecting pins with rubbing alcohol to clean the charger.

Testing & Calling for Help

Test your system every 30 days.

- Press and hold the alert button until the light turns blue.
- You will hear a message, then a tone, before being connected to the Command Center.
- The Command Center will send help unless you inform them that you’re testing.

For those with Fall Detection, your pendant can automatically send an alert if it senses a fall, based on speed, impact, and lack of movement. However, we do recommend pressing your button whenever possible.

How to Wear Your Pendant
## Indicator Signs

<table>
<thead>
<tr>
<th>While On Charger</th>
<th>During A Call</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Flash red every 5 seconds</strong></td>
<td><strong>Flash red every 10 seconds</strong></td>
</tr>
<tr>
<td>Charging (in service)</td>
<td>Low battery</td>
</tr>
<tr>
<td><strong>Solid red</strong></td>
<td><strong>Solid blue for 10 seconds then off</strong></td>
</tr>
<tr>
<td>Charged</td>
<td>Out of service* - contact Alert1</td>
</tr>
<tr>
<td><strong>Flash blue every 5 seconds</strong></td>
<td><strong>Flash blue every 2 seconds (Standard)</strong></td>
</tr>
<tr>
<td>Normal</td>
<td>Device is in active mode. Light should turn off within 5 minutes</td>
</tr>
<tr>
<td><strong>Flash blue every 1 second</strong></td>
<td><strong>Flash blue every 1 second</strong></td>
</tr>
<tr>
<td>Out of service* - contact Alert1</td>
<td>Out of service* - contact Alert1</td>
</tr>
</tbody>
</table>

### Audio Messages

- **“Device disabled”** - Device has not been activated. Contact Alert1 for support with device.
- **“Call failed”** - Call did not connect to Command Center. Contact Alert1 for support with device.

*A cellular signal may not be available in all areas.*

For assistance or questions, please call Member Care: 800-693-5433 ext 2
Or visit Alert-1.com